



2022-2023 Perimeter Athletics



#TOGETHERWESOAR



"Spiritually Strengthened. Athletically Prepared."



Table of Contents

Welcome Letter from the AD.....	Page 3
General Expectations.....	Page 4
Frequently Asked Questions.....	Page 8
League Information.....	Page 11
Sport Specific Information.....	Page 12
2022-2023 Athletics Interest Form.....	Page 21
Summer Opportunities.....	Page 22



Perimeter Families!

I am excited to be writing you as we move towards the 2022-2023 school year bringing about many opportunities for our students to grow through our athletic offerings at Perimeter School. My hope is that our athletic programs would be a great catalyst to seeing the mission of our school and mission of our athletic programs played out in the life of your student!

“Perimeter School exists to build and maintain a covenant Christian community that assists believing parents to educate, equip, and encourage their children to glorify God. We strive to be a school where heart change and mind renewal are our highest values.”

While athletics are only a piece of what Perimeter School has to offer, I fully believe the way that we operate will have a great impact on our school community and culture. This culture is built by our school administration, our coaches, our students, and YOU as parents! In less than two years as athletic director, I am thankful to say that I have countless stories and examples of how the parents of Perimeter School have played a vital role in the success and improvements of our school’s athletic programs. In the same way that I desire for our athletic programs to prepare our students to be impactful members at their future high schools, I hope that your time here would do the same. It is one of my greatest joys to hear from club, AAU, and high school coaches and athletic directors of the way that parents from Perimeter School are encouraging and supporting programs across our Metro area. As we enter this new year, I ask that you would continue to help build a culture that is of great impact to our students, our school and beyond.

The 2022-2023 year will bring about a few changes as we join a new athletic league, Metro 10. With this move, I am excited for our students and each program to be given new opportunities to work hard and compete to the best of their ability. Our focus will remain on each athlete and program attempting to “max out” in being the best student, teammate, and athlete they can be!

As you read throughout this packet, I hope to give you a great insight on the basic information for our new sport seasons as well as the expectations that we have for students and parents. To make sure to be included in sport specific communication, please fill out the athletic survey for the 2022-2023 school year at the end of this document.

Thank you again for entrusting your child to our school and athletic program. May God be glorified in our work TOGETHER!

Wally Jenkins, Athletic Director
Perimeter School



General Expectations

What You Can Expect From Us

- Genuine Care and Relationship
 - *“No one cares how much you know, until they know how much you care.”*
-Anonymous
 - *“So, being affectionately desirous of you, we were ready to share with you not only the gospel of God but also our own selves, because you had become very dear to us.” (1 Thessalonians 2:8)*
- Preparedness
 - Coaches have a plan before arrival for each practice and game on what they want to accomplish as a team. Coaches will have our teams prepared for the necessary situations involved in their sport for teams to compete at their best.
- Ability to Teach/Train
 - At Perimeter School it is important to have coaches who can set an example on what it looks to follow Jesus and live with great character. It is as important to find coaches who have the ability to teach and develop our students’ athletic skills and overall understanding of the sports they are participating in.
- Communication
 - Coaches are expected to give communication to the team on the standards and expectations for being a part of the team. Coaches will also work to communicate with parents on the expectations as well as the logistics for participating in each sport.
- Opportunity
 - Each athlete who makes a team inside of Perimeter Athletics will be given the opportunity to improve through practice time. Playing time is earned by performance and at practice across each level of team that we offer at Perimeter School.
 - Playing Time Expectations
 - A Team = No expectation to play
 - B Team = Expect to play over the course of a season
 - C Team = Expect the opportunity to play in all regular season games

“A major goal of all Perimeter sports teams is to play to our best ability (as a team), and to be competitive against all levels of opponents while exhibiting good sportsmanship. Being competitive means making every effort to win matches, meets, and games, make the playoffs, and win the championship. To this end, a student on a sports team is not guaranteed playing time.”



A second major goal of all Perimeter sports teams is player development. To this end, we strive to give each player on a junior varsity team as much playing time as possible, while still being competitive in our league.

All players on all teams will be encouraged to earn their playing time through their performances in practice, in the classroom, in their behavior, in other games, and through their own athletic ability. These performances will be evaluated by the coaching staff and, when needed, the Athletic Director.”

(Section 2.2.2 of the Athletic Handbook)

What We Expect From Parents

****A goal of Perimeter Athletics is to prepare students and families to excel and positively impact high school programs should their child’s athletic career continue after and outside of Perimeter School. To this end, we hope to develop parents who will be a tremendous asset and blessing to the athletic programs in our community.*

- **Commitment**
 - Please make every effort for your athlete to attend all events related to the team you are participating on (practice, games, team nights, etc.)
 - There will be various service opportunities across our teams, please jump in to volunteer where you have the capacity to do so.

- **Communicate**
 - Missed Events
 - Please communicate as soon as possible if your child has a conflict with a team event. Missing an event will leave your child up to consequence at the coach’s discretion (reduced playing time, conditioning consequence, etc).
 - Communication Channels:
 - Player to Coach: Injury, Playing Time, Conflicts
 - Parent to Coach: Injury, Conflicts
 - Parent to “Team Mom”: Conflicts, Travel Arrangements, Volunteer Needs
 - ***Please follow these channels of communication to ensure the best experience for all parties involved
 - Appropriate Talk
 - *“Remind the people to be subject to rulers and authorities, to be obedient, to be ready to do whatever is good, to slander no one, to be peaceable and considerate, and always to be gentle toward everyone.”*
(Titus 3:1-2)



- 24 Hour Rule
 - “Approaching the Coach” - Parents may not approach a coach until at least 24 hours after the game or practice in question.
 - Why the 24 hour rule?
 - **Approach with Humility**
 - **Seek to Understand**
 - *****If a parent approaches a coach directly after a game questioning or petitioning playing time or coaching decisions, that child will be sat for the team’s next contest.**
- **Support**
 - Your Child
 - Take advantage of the many opportunities to celebrate, challenge, and encourage your child throughout their participation in sports
 - Our Team
 - Model that TEAM > ME for your child
 - Respect each and every member of our team regardless of their role and performance on the team
 - Our Coaches
 - Work to build trust and a relationship with our coaches
 - Create an environment where coaches want to stay/come coach at Perimeter or where they would refer someone else to come coach here

What We Expect From Students

- Responsible
 - Classroom
 - “The middle school principal will check the grades at the end of each nine-week grading period to determine eligibility for all extracurricular activities. No student shall be eligible who has received an “F” and or/not maintained a “C” average, with no more than one “D” on his or her report card for the previous grading period.”
 - On the Field/Court of Competition
 - Athletes will attend practices and commit time to learning the necessary information provided by coaches for the team to participate at the best of its ability.
 - Our Facilities and Our Equipment
 - Athletes will be responsible for setting up and shutting down any athletic contests that we host as Perimeter School. This will involve returning any equipment to its proper place as well as cleaning up the facility that was



used to host the event. Athletes and their parents should plan accordingly for these responsibilities of EVERYONE on the team.

- Respectful
 - Themselves
 - Our Team
 - Coaches
 - Opponents
 - Officials
 - Athletes who fail to show respect and show good sportsmanship to any of these parties are subject to consequence at the coach and athletic director's discretion.
- Relentless
 - Athletes at Perimeter School are expected to give their best effort regardless of the circumstance. Their effort should represent the school well regardless of their individual or team situation.



Frequently Asked Questions

Who is eligible to play for what team?

The number of teams and makeup of those teams may vary in regards to what we have in representing the school. The following is who is eligible to participate on each team that we provide :

- A Team - Anyone Grade 6-8
- B Team - Anyone Grade 6-7
- C Team - Grade 6

How does my child sign up for sports at Perimeter?

There are two ways to be included in sign-ups for athletics at Perimeter School. The most helpful thing you can do is fill out the following link to let us know what sports your child is interested in playing. This form lets us know to include you on communication for the specific sports you are interested in.

[2022-2023 Perimeter Athletics Interest Form](#)

<https://forms.office.com/r/R4iy62Xgdq>

The second way is that we will post physical sign-up sheets in the gym a few weeks before tryouts begin. This will allow us to communicate with the students who have expressed interest in playing that sport.

What if my child wants to participate in two sports during the same season?

Students with an interest in participating in multiple sports will work in coordination with their parents, coaches of the specific sports, and athletic director to approve playing multiple sports at Perimeter. We will work to make the best decision for the individual athletes as well as the team on a case-by-case basis.

- **1st Filter - Academic Standing** – Students need to maintain a “B” average and have no failing grades in classes to be eligible to participate in multiple sports.
- **2nd Filter – Practical Plan** – The student, parents, coaches, and athletic directors will agree upon a plan as to how the student will handle conflicts and time management across each of the sports that will be participated in.
- **3rd Filter – Athletic Performance** – The coaches and athletic director will determine if it make sense for the athlete to participate in both sports based on



their athletic ability to contribute to both teams. This will be handled on a case-by-case basis to again make the best decision for the individual athlete as well as the teams involved.

What forms does my child need to have filled out to be cleared to participate in Perimeter Athletics?

All players must have a completed PHYSICAL and CONCUSSION form turned in to the Middle School office. **These forms are to be turned in prior to the start of their season. These forms are good for the entire school year.**

Physical forms can be obtained at the link below and then clicking on "Resources":
<https://www.perimeterschool.org/perimeter-school-athletics/>

Where can I purchase athletic wear for my athletes or family to support Perimeter School?

Perimeter Spirit wear can be purchased at
<https://www.perimeterschoolstore.com/athleticapparel>

What does it cost to participate in sports at Perimeter?

The one-time fee for each sport that your child participates in set for per athlete and will be debited from your FACTS account upon the completion of rosters being set. Expenses include but are not limited to uniforms, coaching stipend, practice equipment, tournament fees, league fees, facility rental, end of season awards/ceremony, and athletic administration fees.

- Volleyball - \$350
- Cross County - \$250
- Golf - \$425
- Tennis - \$350
- Basketball - \$350
- Swimming – TBD
- Baseball - \$350
- Track and Field - \$250
- Soccer - \$350

Is their financial assistance available for participating in sports at Perimeter School?

Parents with a financial need can request via email to kwerrnick@perimeter.org for a monthly payment plan. However, all fees must be paid in full by the end of the season. Further assistance, please contact Wally Jenkins at wjenkins@perimeter.org for a scholarship application.



Scholarship applications will be reviewed and approved by the Athletic Committee & will be limited to one per year; exceptions will be reviewed on an individual basis and will require a formal letter from parent as to layout the need for additional scholarship funds.

How do tryouts work?

- Tryouts are closed. Exceptions are to our coaching staff, athletic staff, and school administration.
- Coaching staff will make final decisions on roster.
- Communication Plan:
 - Group email to families who made the team with attached roster
 - Individual email to families who did not make the team
 - If your family would desire, our coaches will be happy to provide feedback on the results of tryouts
- Outside of Volleyball, practice will typically begin the day after tryouts are completed and rosters announced.

What are the main volunteer opportunities for parents?

- While volunteer opportunities vary across each of our teams, we aim to have a “Team Parent” for each of our teams. The team parent is helpful to organize and communicate with parents throughout the season on the various volunteer opportunities.
 - Volunteer opportunities typically include but are not limited – carpools to athletic contests and offsite practice, concessions stand workers for home games/meets/matches, game/meet/match specific needs for home events, and end of season banquet needs.



2022-2023 Metro 10 Information

For the 2022-2023 School Year, Perimeter Athletics will participate as a member of the “Metro 10 Athletic League”. You can find more information about Metro 10 including participating schools and sport specific rules at metro10.org

Participation in the league will allow the majority of our sports to compete in “conference games/matches” while keeping up with league standings. Sports that do not have “conference games/matches” and league standings will have one day tournaments/meets to provide a competitive finish to their respective season.

Additionally, some sports may divide the league into “sub-regions” to alleviate the amount of travel across the Atlanta area and offer more local competition.

Metro 10 Championship Information

- **Volleyball**
 - League/Region Top Seeds with Quarterfinals, Semifinals, and Championship
- **Cross Country**
 - League Championship Meet, Allatoona Park hosted by Mt. Bethel
- **Golf**
 - League Championship Tournament, Location TBD
- **Boys and Girls Basketball**
 - League/Region Top Seeds with Quarterfinals, Semifinals, and Championship
- **Swimming**
 - TBD
- **Tennis**
 - League/Region Top Seeds with Quarterfinals, Semifinals, and Championship
- **Baseball**
 - League/Region Top Seeds with Quarterfinals, Semifinals, and Championship
- **Track and Field**
 - League Championship Tournament, Location TBD
- **Boys and Girls Soccer**
 - League/Region Top Seeds with Quarterfinals, Semifinals, and Championship



2022-2023 Perimeter Sport Specific Information

****dates are tentative and subject to change**

Volleyball (Fall 2022)



- Coaches (A, B & C)
 - Beverly Hendrix
 - Abi Hendrix
 - TBD
- Roster Size
 - 10-12 girls per team
- Important Dates:
 - Train For Tryouts: May 3
 - Tryouts: May 4-5
 - Practice Starts: Monday, August 1
 - Competition Starts: August 23
 - Metro 10 Playoffs: October 6-13
- Additional Information:
 - Once matches begin, a typical rhythm is to have two games and two practices each week. Practice is based on gym and coach availability. Traditionally, practice is held at 3:30-5:00 PM or 5:00-6:30 PM. There is usually one weekend tournament in September for the A & B girls' teams. There is usually two Saturday round robin play dates for the C team at Greater Atlanta Christian School. The A&B team's season will conclude with the Metro 10 playoffs during the 2nd week of October.



Boys and Girls Cross Country (Fall 2022)



- Coaches:
 - Coleman Binford
 - Sarah Wheless
- Roster Size:
 - No Limit, No Cuts
- Important Dates:
 - Practice Starts: Monday, August 15
 - Commitment Date: August 22
 - Metro 10 League Championship - October 12
 - State Championships - October 15, Bleckley County High School
- Additional Information:
 - Cross Country begins the first day of school and the coaching staff asks for a commitment to the season one week after practice begins. The traditional schedule for Cross Country consists of three practices and one meet a week. There are usually 1-2 Friday or Saturday meets throughout the season. The team's season will conclude with a trip to the Middle School State Championships at Bleckley County High School. Towards the end of the season, the coaching staff will communicate with the athletes who will represent the team at the state championship meet.



Boys and Girls Golf (Fall 2022)



- Coaches:
 - Scott Hudson
 - TBD
 - TBD
- Roster Size:
 - 6-8 per gender
- Important Dates
 - Tryouts: August 16 and 17, River Pines Golf Course
 - Practice Begins: August 18
 - Metro 10 League Championship - October 17
 - Middle School Metro Atlanta Championships - Spring 2023 (Late April)
- Additional Information:
 - This is the first year that golf will be a fall sport at Perimeter. A typical week for golf looks like 1-2 matches per week and 2-3 practices from Monday-Thursday. The format of matches will change throughout the season based on the # of golfers for the schools we compete against as well as available tee times at the course where we compete. While the fall season will conclude in mid-October, the golf team and select individuals will have the opportunity to resume competition in the spring for the annual Middle School Championships in late April.



Boys and Girls Tennis (Late Fall/Early Winter 2022)



- Coaches:
 - TBD
 - TBD
- Roster Size:
 - 10-12 per gender
- Important Dates
 - Tryouts: September 19 and 20
 - 1st Match: October 10
 - Metro 10 League Playoffs - December 1 -7
- Additional Information:
 - This is the first year tennis will be in the late fall/early winter as it moves from the spring. A typical week of tennis consists of 1-2 matches and 2-3 practices. Each match typically has 3 singles and 2 doubles for each gender. Players “not in the lineup” will play exhibition matches where our opponents have available competitors and there is available court time. Our home court is St. Ives Country Club for preseason practices and Monday matches, practices will be held at local courts nearby based on availability. The season will conclude with the playoffs hosted by Whitfield Academy in the first week of December.



Boys and Girls Basketball (Winter 2022-2023)



- Coaches
 - Boys (A, B & C)
 - Wally Jenkins
 - Cameron Noel
 - Girls (A & B)
 - Jill Renbarger
 - Abby McClure
- Roster Size
 - 10-12 per team
- Important Dates
 - Tryouts: October 18 and 19
 - Games Begin: November 8
 - Metro 10 League Playoffs: January 23-28
- Additional Information:
 - Basketball traditionally has 2 games and 2 practices each week. A & B teams will typically practice together while the C team may join in from time to time and also have their own practice time. The basketball team may participate in one weekend tournament during the season that will be communicated before the season begins. Practice alternates between a 3:30-5:00 PM and 5:00-6:30 PM window. The C boys team may have a later practice or occasional Friday practice based on gym availability. The season will conclude with the Metro 10 playoffs in late January.



Boys and Girls Swimming (Winter 2022-2023)



- Coaches
 - TBD
 - TBD
- Roster Size
 - No Limit, No Cuts
- Important Dates
 - Practice Starts: October 18
 - Meets Begin: October 26
 - End of Season Meet: December 10
- Additional Information:
 - This is the first year we are working to add swimming to our Winter Sport offerings. The biggest needs we have are finding a coach and finding an indoor pool to practice at as swimming is a winter sport. We will participate in 4-6 meets. Our hope is to offer practice 2 times per week in water, one day of “dry land workouts”, and have one meet per week.



Boys and Girls Track and Field (Spring 2023)



- Coaches
 - Coleman Binford
 - Shannon Edmonson
 - Sarah Wheless
- Roster Size
 - No Limit, No Cuts
- Important Dates
 - 1st Day of Practice: January 30
 - Commitment Day: February 5
 - Meets Begin: February 16
 - Georgia Middle School State Championships: April 14 and 15
 - Metro 10 League Championship: April 19
- Additional Information:
 - Track and Field begins with a few weeks of practices before their first meet. This gives time for coaches to place athletes in events to best suit the team and individual success. Practice is from 3:30-5:00 PM after school at the Perimeter Track. We typically have 5 regular season meets and then the league championship and state championship meet to conclude the season. There are typically 2-3 Friday/Saturday meets throughout our Track and Field season. We host 2 Track Meets per season and there are many parent volunteers needed to host a successful meet.



Boys and Girls Soccer (Spring 2023)



- Coaches
 - Cameron Noel
 - TBD
 - TBD
- Roster Size
 - 15-18 per gender
- Important Dates
 - Tryouts: January 30 and 31
 - Games Begin: February 20
 - Metro 10 League Playoffs: April 19-26
- Additional Information:
 - Soccer is now a spring sport for both our boys team and girls team. Soccer will typically practice 2-3 times per week and play 1-2 games per week. Soccer practice is at Perimeter. With both teams playing in the spring, there may be some changes to practice times and structure. Our season will conclude in late April with the Metro 10 playoffs.



Baseball (Spring 2023)



- Coaches
 - Chris Carneal
 - Martin Elvington
 - Bryan Waites
 - Aaron Hempel
 - Art Siegert
- Roster Size (A & potentially B)
 - 15-18 per team
- Important Dates
 - Tryouts: January 30 and 31
 - Games Begin: February 20
 - Metro 10 League Playoffs: April 19-26
- Additional Information:
 - Our Perimeter baseball program has operated with one team in the past. Our league offers the opportunity to compete with both an A & B baseball team. Our baseball team operates out of Ocee Park and a typical week consists of two games and two practices. Our season will conclude with the Metro 10 playoffs in late April.



2022-2023 Perimeter Athletics Interest Form

Please fill out the form listed below for each student that you have who is interested in participating in sports for the 2022-2023 school year. This will ensure that you receive sport specific information as well as help us plan and prepare for the upcoming athletic school year.

[2022-2023 Perimeter Athletics Interest Form](#)

[\(https://forms.office.com/r/R4iy62Xgdq\)](https://forms.office.com/r/R4iy62Xgdq)



Summer Camp Opportunities

Perimeter Athletics does not require any mandatory off-season workout or camp attendance; however the summer is a great opportunity for athletes to improve on their individual skill and continue to develop in their knowledge of the game.

We are working to provide various “in house” opportunities for our athletes at Perimeter School in the off-season and summer. Below are a few offerings from our community that we feel could benefit your student-athlete and their growth and development.

[Providence Christian Academy Athletics Summer Camps](#)

[Wesleyan School Athletics Summer Camp](#)

[Intensity Volleyball Club](#)

[Nike Tennis Camp at The Lovett School](#)

[Peak Performance Girls Basketball](#)

[Danny Hall Baseball Camps](#)

[Wingfoot Running Camp](#)

[Suwanee Sports Academy Basketball Camps](#)

[Under Armour Junior Golf Tour](#)

[Future Stars Soccer Camps](#)